



MU HAN TOTAL MARTIAL ARTS

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Effective Date: **September 5th 2023**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:15pm - 4:45pm	Little Tigers	Little Tigers	Little Tigers	Little Tigers		9:00am - 9:30am Little Tigers
4:45pm - 5:30pm	Junior Beginner	Junior Beginner	Junior Beginner	Junior Advanced	Junior Beginner / Junior Advanced	9:30am - 10:15am Junior All Belt
5:30pm - 6:15pm	Junior Advanced	Junior Sparring	Junior Advanced	Team Mu Han Sparring	Junior Sparring	10:15am - 11:00am Adult All Belt
6:15pm - 7:10pm	Adult Sparring	Instructor Course	Junior Black Belt		Masters & Instructors	<i>Birthday Parties Available!</i>
7:10pm - 8:00pm	Adult Color Belt	Adult Black Belt	Adult Color Belt	Adult Color Belt		

“Beginner” → *White Belt to Hi-Orange Belt*

“Advanced” → *Green Belt to Bodan III Belt*

“All Belt” → *any color belt & black belt students may participate*

- MUSA Black Belt Festival - *Friday, November 10th*
- GTA US Championship - *Sunday, November 12th*
- Any questions or concerns regarding schedule, please contact the front desk directly or send an email to attleboro@muhan.us for more information